



LOW-TECH CAMP

ERASMUS+ YOUTH EXCHANGE
INFO PACKAGE (2023)



Funded by the
Erasmus+ Programme
of the European Union

CONTENT

KEY INFORMATION + TIMELINE

What? When? Where? Who? Green Travel? How much?

PARTNERS INVOLVED

"LAZY lab" [Slovakia], "Non-formal Education for Youth" [Ukraine], "JOETZ" [Belgium], "Sunny Hill" [Slovenia]

OBJECTIVES

What do we want to achieve with the Low-Tech Camp 2023?

LOW-TECH CAMP 2023 AGENDA

What are we going to do?

LOGISTICS

Travel arrangements, Accommodation & Food



KEY INFORMATION



WHAT?

CREATING TOGETHER

Learning about, developing and building **green technologies** (e.g. small wind turbine, solar collector, biogas digester) using limited resources together with an **intercultural team**.



WHEN?

17-24TH AUG 2023

Participants will arrive one day **EARLIER** on the **16.8.** to ensure a smooth arrival. The program starts on the next day morning. Departures of all participants are scheduled for the **25.8.**



WHERE?

MODRA FARMA (SK)

The Low-Tech Camp 2023 will take place at the beautiful animal farm and campsite "**Modra Farma**" which is located in the eco-village Zajezova in central Slovakia.



WHO?

24 PARTICIPANTS

In total, 24 participants from Slovakia, Belgium, Slovenia, and Ukraine between **18-30 years old** can join. No prior experience required! All kind of skills are precious for the team!



HOW TO GET THERE?

GREEN TRAVEL

Since sustainable practices are central to the camp, all participants can only travel green for the Low-Tech Camp, meaning using the **bus**, **train** or **carpooling**.



HOW MUCH?

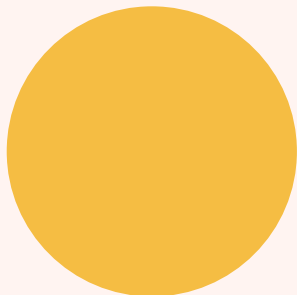
FREE

Travel costs to and from Modra Farma will be **reimbursed** by LAZY lab (hosting organisation). **Accommodation, food** and **material** costs will be **covered** throughout the program.



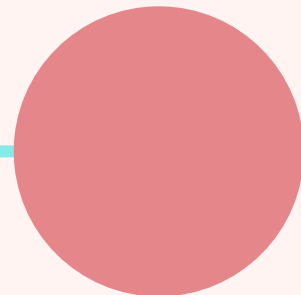
TIMELINE

**MARCH -
JUNE**



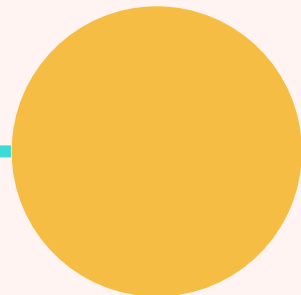
**Open for
applications**

MID. JUNE



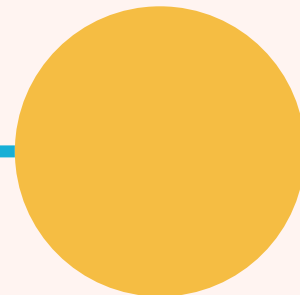
**Application
closed**

END JUNE



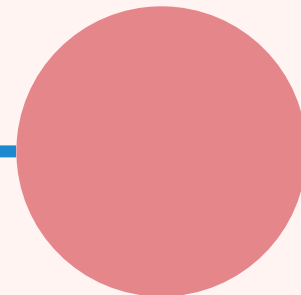
**Selection of
participants +
Kick-off Call**

**JUNE -
AUGUST**



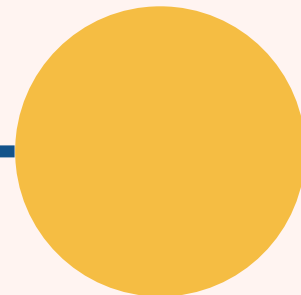
**Travel
arrangements by
participants
(support by Group
Leaders & local
partner org.)**

**17.-24.
AUGUST**



**LOW-TECH CAMP
(16.8. arrival; 25.8.
departure)**

SEPTEMBER



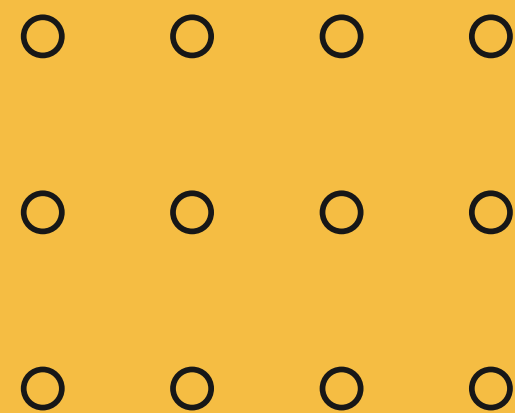
**Dissemination
/ sharing of
learnings &
results +
feedback**





PARTNERS

Together acting upon youth mobility, inclusion, and sustainability!

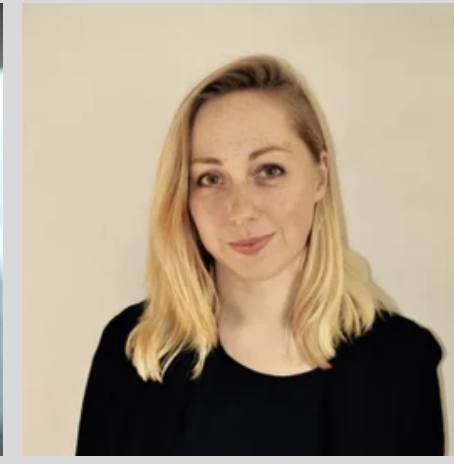


LAZY lab [Slovakia]

LAZY lab is the applicant and hosting organisation behind the Low-Tech Camp 2023. Our NGO aims to promote the values of sustainability and inclusion through educational and cultural activities at local and international level. We are focus on human right topics, art and creativity, empowering initiatives

. The organisation emerged in the eco-village Zajezova, Slovakia, from an international team with a wide range of competences and skills.

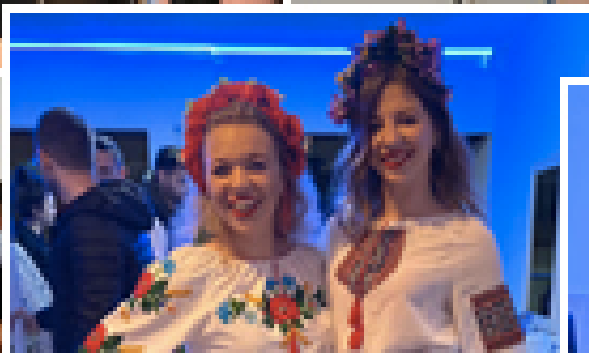
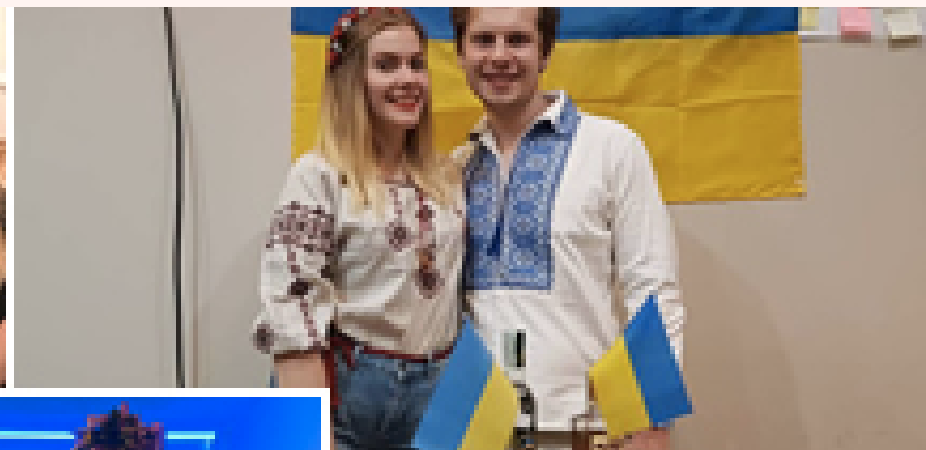
Being located in a rural location [*"lazy" meaning "remote settlement" in Slovak*], we strive to support the development of the rural youth and other age groups aimed at opening up opportunities.



NFE 4Y [Ukraine]

NGO «Non-formal education for youth» is a non-profit, non-governmental youth organisation established in Dnipro in 2010 and working nationally as well as internationally. Our aims are to involve young people into volunteering on local, national and international levels, to support youth in creating and implementing their own small-scale community-based projects which will support the ideas of tolerance, cultural diversity, antidiscrimination, social inclusion.

For our organization a crucial element is non-formal education that turns knowledge into unforgettable experience. In process of non-formal learning young people become an architect of their own development and help to broaden other young people's world outlook from different perspectives.



JOETZ [Belgium]

JOETZ is a young, open and dynamic non-governmental youth organization for kids and youngsters from 3 to 30 years old.

Our aim is to give the opportunity to our youngsters/youth workers to train themselves so that they can have an impact on local communities. JOETZ is mainly a health promoter and works around health through different campaigns and actions. Our actions are varied and we work around mental as well as physical health. We also work around various other topics like environment, gender issues, racism, youth unemployment, etc..



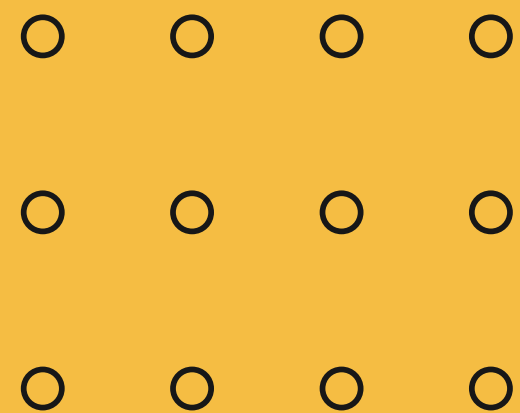
Sunny Hill [Slovenia]

Sunny Hill Association for sustainable culture of living is a space of cooperation and innovation. It provides a supportive environment for research, education and practical experience of sustainable living. The 200-year old traditional building, where the association has its headquarters, was fully renovated in 2016 and exhibits sustainable solutions such as dry toilets, reedbeds for wastewater treatment and clay plasters. We live and work together in luxurious simplicity following four guidelines: agreement of people, harmony of space, resonance of life, and joy of co-existence.

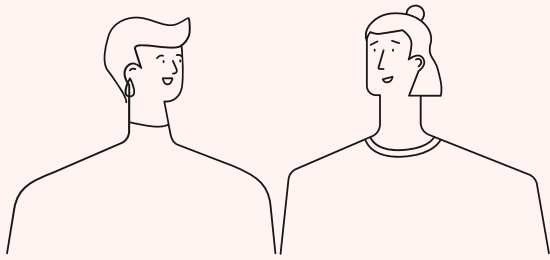


OBJECTIVES

Get your hands dirty, work and laugh together, take green action

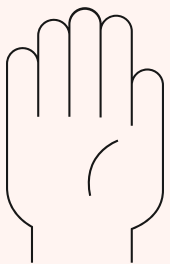


WHY JOINING THE LOW-TECH CAMP?



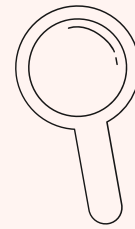
INTERCULTURAL EXCHANGE

Connect with people who have different backgrounds by learning from them and, in turn, teaching others about your background. Empathy and consideration dissolve prejudices.



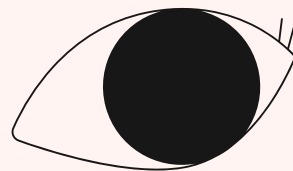
GET YOUR HANDS DIRTY

Give yourself a break from digital devices and work again with your hands and body. Reconnect to nature and embrace the physical environment around you.



SPACE FOR EXPERIMENTATION

Enter a space for creative problem-solving, collaboration in teams, prototype your ideas and share them with others. Stimulate your entrepreneurial spirit and harvest experiences that could inspire your future development.



ECO-AWARENESS

Learn about environmental issues connected to high-tech products and our consumer-driven society and explore "low-tech" as a movement to counter those issues.







AGENDA

What can participants expect?



- ○ ○ ○
- ○ ○ ○
- ○ ○ ○

DAY 1



- Introduction
- Teambuilding (also for introverts^^)
- Expectation, group agreements
- Youth Pass

DAY 2



- Introduction to Low-Tech
- Design Process
- Group formation
- Sketching ideas & sharing
- [Campfire]*

DAY 3



- [Morning yoga]*
- Health and Safety precautions
- Prototyping ideas
- Material sourcing
- [Movie evening]*

DAY 4



- DAY OUT! Forest hike
- Campfire and outdoor cooking

DAY 5



- [Morning meditation]*
- Finalize prototype
- Building real solution
- Inspiration session
- [Night walk]*

DAY 6



- Theory session
- Building real solution
- Status update
- [Evening activity]*

DAY 7



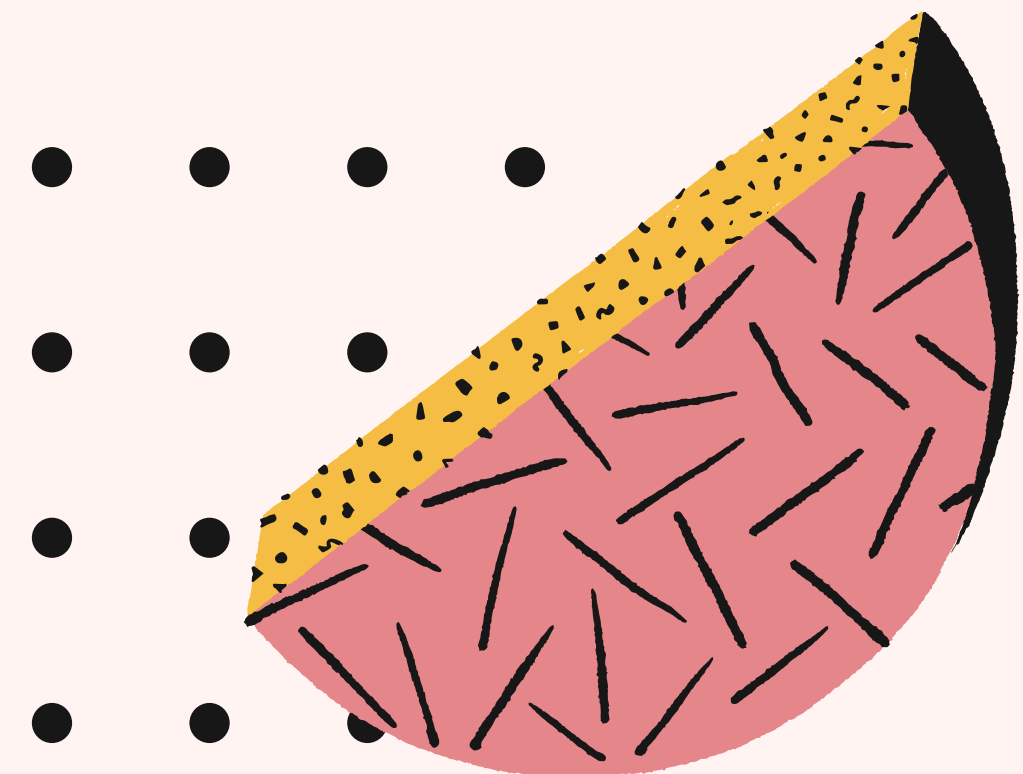
- [Morning yoga]*
- Discussion round
- Building real solution
- Market place prep and presentation
- [Evening activity]*

DAY 8



- Overall reflection
- Youth Pass completion
- Evaluation
- CELEBRATION! :D

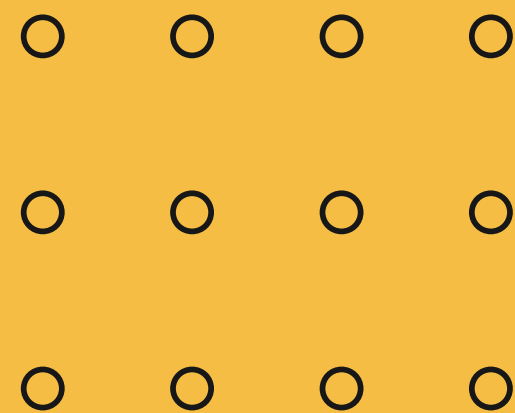
[...]* = Voluntary
participation





LOGISTICS

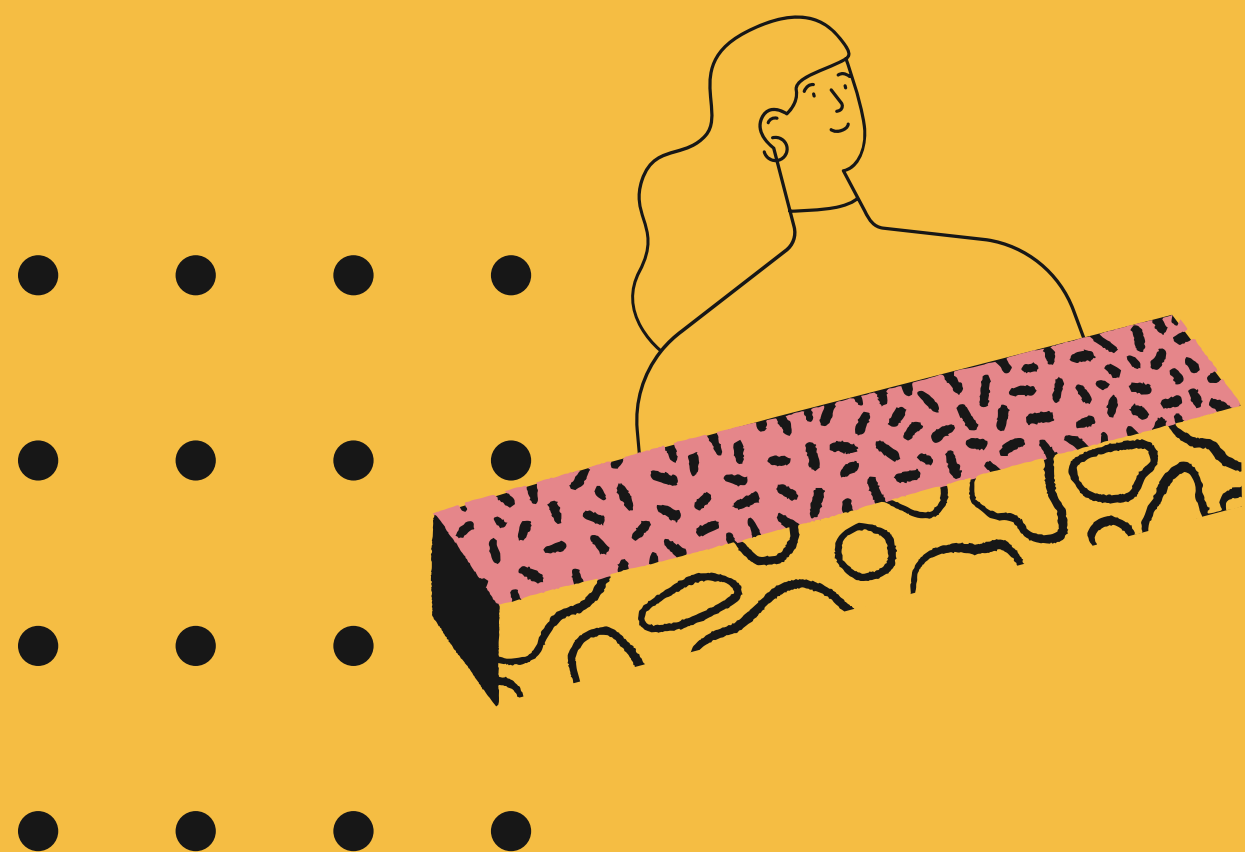
Travel, Accommodation, Food



MODRA FARMA



- **Location:** "Modra Farma" (Address: Zajezova 66, 96263 Pliesovce, Slovakia)
- **Green travel:** Only low-emission travel can be reimbursed (i.e. **bus, train, carpooling**). If you have questions or issues with your travel arrangements, don't hesitate to contact your assigned **group leader** or the **partner organisation** of your country.
- **Sleeping:** All participants are encouraged to bring their own tent, sleeping bag, and mat. (For participants who have difficulties arranging those - that's not a reason not to apply - alternatives can be arranged.) In case of heavy rain, a large seminar room can be used for sleeping.
- **Food:** Freshly prepared breakfast, lunch and dinner will be provided. All the meals will be vegetarian. Any other dietary requirements from participants will be considered.
- **Hygiene:** A sufficient number of separate showers and toilets are available.
- **Tools & co:** All tools, safety protection and work stations will be provided.



CONTACT US IF YOU HAVE ANY QUESTIONS :)



Email: hellolazylab@gmail.com

Mobile: +421 908 077 688 // +421 905 317 146

Zaježova

962 63 Pliešovce

IČO: 54 714 290