


Climate vs Health



Outdoor camp

36

participants

10

days

during

01-10 July 2023

GABALA, AZERBAIJAN



1 team leader from each country

5 participants from each country



Deadline to select the team leader

01 March 2023



Deadline to select participants

20 March 2023



Italy



Georgia



Belgium



Azerbaijan



Spain



Turkey

Aim of the project



The main aim of this project is to raise young people's awareness and empower them on the importance of mental health as an integral part of personal health through outdoor education.

Objectives of the project

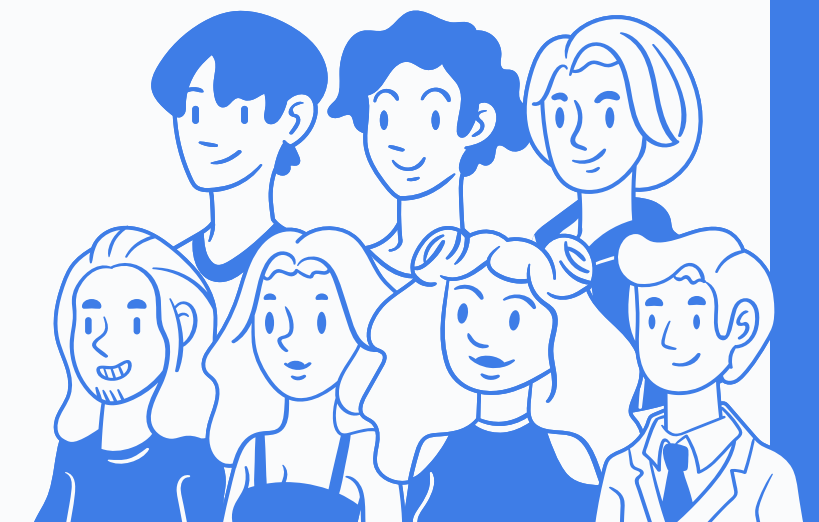


- talking about how the climate crisis affects mental health
- spreading knowledge among young people about what mental health is, identifying its components, recognizing challenging situations for mental well-being
- informing and fostering the discussion among young people raising awareness of the importance of mental health and reducing stigma
- building a community of informed young leaders recognizing the importance of active participation and promoting mental health activities in their communities
- giving youth tools to engage and mitigate mental health issues linked to the climate crisis

Profile of participants

The participants chosen for this project are young people aged 16-25:

- who are less experienced on topic
- who are motivated to discover camping and can bear challenges
- who are interested in learning and doing research on the project subject
- who are able to build good relations with other participants from different cultures
- individuals who are motivated to organize or participate in follow-up activities following the project
- who have socioeconomic, geographical, and educational obstacles and face low levels of social inclusion
- communication language skills in English (it is important for being able to interact and network with other participants). However, weak English skills are not disqualifying potential participants and tailored solutions will be sought case by case



Impact of the Project

This project will have different impacts

Short term:

- Built a stronger and more informed youth voice in mental health issues, especially on topics such as anxiety, depression, burnout, and climate anxiety;
- Increased awareness of mental health;
- Start a conversation on normalizing mental disorders and the need for professional help

Long term:

- Built a network of youth that are active and outspoken on mental health issues;
- To promote mental health related to the climate crisis

As a result, the project will have the following outcomes:

- Better understanding of mental health and its causes
- Enriched portfolio of tools and methodologies for young people
- Empowered young people to be involved in adaptation and planning
- Increased awareness on mental health
- Knowledge on non-formal education and tools
- Knowledge on Erasmus+ and EU opportunities
- Future advocates and leaders to keep sustainability and ensure understanding of mental health related to climate crisis

Travel limits

Azerbaijan - 23 euro

Belgium- 515 euro

Georgia - 165 euro

Italy - 345 euro

Spain- 805 euro

Turkey - 260 euro

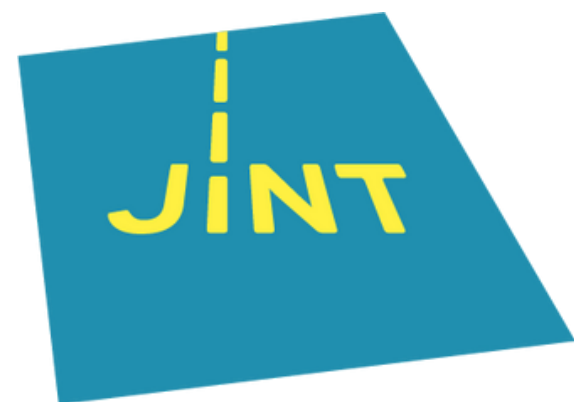


Before booking your flights, please inform us and wait for approval. 15 eur transportation fee will be applied as local transportation to the venue will be provided by us. Arrival day is 1st of July, departure day is 10th of July.

Organizers

Joetz vzw from Belgium: Joetz is a non-governmental youth organization for kids and youngsters and develops projects and activities around health promotion, international youth work and social inclusion. They also organize various holidays for kids and youngsters and training for youth workers.

“COMMON SENSE” Youth Organization from Azerbaijan: CSYO is a non-political, non-profit, non-governmental organization in the city of Sumgait, Azerbaijan. It has 16 years of experience working through non-formal education, concentrating on youth work and young people’s development, voluntarism, peacebuilding, environment, healthy living and youth participation.



Partner NGOs



JOETZ vzw
Belgium



Mojo de Cana
Spain



'COMMON SENSE" Youth Organization
Azerbaijan



International Center for Peace and Integration
Georgia



EPEKA
Turkey



Mobility Opportunities Happening
Italy

Contact person

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