



Erasmus+



GOBIERNO
DE ESPAÑA

MINISTERIO
DE SANIDAD, CONSUMO
Y BIENESTAR SOCIAL

injuve



Training Course “VIDEOS LOW COST FOR ONG”

25 - 31 July 2021
25 Arrival day – 31 Departure day
Alcaraz (Albacete), Spain



Leitmotiv Area

The "Leitmotiv" of our association is CULTURE. The activities carried out in our organization are to realize, to promote and to support projects of any area inside the CULTURAL AND CREATIVE INDUSTRIES:

1. Scenic arts: live Music, theatre, dance, performance
2. Audio-visual: Cinema, television, documentary, radio
3. New means: IT Applications, video games, digitalization
4. I design: graphical, industrial Design, interiors, mode, jeweler's shop
5. Edition and printed means: Books, press, scientific publications, another type of publications
6. Creative services: Arquitecturales, advertising, research and creative development
7. Visual arts: Photography, painting, sculpture, urban art, antiquities
8. Cultural sites: archaeological Sites, museums, files, libraries, cultural centers, audiences
9. Cultural traditional expressions: crafts, fairs, street markets, celebrations, popular traditions

And definitively, all those that promote the development and the participation of those who want to promote culture, cultural cooperation, cultural tourism, development cooperation, migration, life learning programs and sociocultural animation.

About the Project

The project 'LOW COST VIDEOS FOR NGO'S' is a training course financed by the European Commission through Erasmus+ which will take place in Hellín, Spain.

The six countries participating in the project are represented by NGOs from Bulgaria, Greece, Nedherland, Italy, Belgium, Romania and Spain.

The project has been designed to host 16 participants –including the participants, the 2trainers and the 2 support staff members.

The main purpose of 'LOW COST VIDEOS FOR NGO'S' is to develop the video-making and marketing competences of youth workers and young people.

The participants will attend training sessions built around non-formal education methods. These will begin at the preparation stage of the project and continue through the implementation phase to the evaluation and follow-up.

During the project's major activity we will be working with 5 charities and NGOs local in Hellín. Our participants will use the knowledge and skills they have learnt in

earlier sessions to produce promotional videos for these organisations for promotion or any other means.

We will do:

- Several online activities, previous to the mobility with the selected participants
- A mobility to make a training course in Hellín, with 16 participants, all of them youth workers, volunteers or educators with educational needs that were previously detected and shared about the goals of the project.
- Participants will make 5 videos, as a practise, for 5 local charities from Hellín, during the training course.
- A follow up of the works done locally by the participants in their NGO's of origin. 3 participants from Romania will be coming from fewer opportunities background.

At national level we expect a big impact in the local community, not only for the presence and interaction with the participants from another 7 european countries, but also because the videos that they will produce for the 5 local entities will help their work and the knowledge of a big population in Hellín about who made those videos and what was the european programme Erasmus+ that made it possible and with no charge for the entities.

We also expect a big impact at the sending organizations and at personal level on participants who will get empowered in their capabilities for their daily job using video with young people.

Venue

Alcaraz – (Albacete) – Spain



Alcaraz is a municipality in the province of Albacete, in the autonomous community of Castile-La Mancha, Spain. To the south, it borders the Murcia Region (Moratalla Township). It has a population of 1,301.

Accommodation: Albergue San Francisco

Participants will stay in shared rooms. Breakfast will be served nearby
Lunch and dinner will be provided.
Facilities: bed-linen and towel.



Weather in July

The temperature in July in Spain is between 26° and 35° C so be prepared and bring sun cream, but in Alcaraz is colder so also you have to bring some adapted clothes.

Profile of participants

We expect delegates:

- Youth coming from partner organizations and/or other local NGOs / interested in the topic.
- Delegates should be over 18 years old.

Health Insurance

The health insurance for the participants from non-EU countries has to be provided by participants. The participants from EU-countries are asked to use their European healthy insurance card.

Financial Conditions

Partner Country	Number of pax	Total max costs per pax (100%)
LEITMOTIV- AREA (Spain)	4	-
BULGARIAN YOUTH FORUM (Bulgaria)	2	360
ASOCIATIA SCOUT SOCIETY (Romania)	2	360
Youth Exchange Service YES (Países Bajos)	2	360
DRASI EYROPAIKI SE ELLADOS NEOI (Greece)	2	360

JOËÍZYzw (Belgium)	2	275
AGRADO ASSOCIAZIONE (Italy)	2	275

Reimbursement

The organizers will reimburse 100% of participants' travel costs (with cheapest means of transportation (economy class), no taxi, within limits set by Erasmus+ Programme upon presentation of original tickets, invoices and boarding tags. On all documents the price, currency, name of the passenger, date of purchase and travel should be clearly visible, otherwise we will be unable to reimburse the costs.

!!! Delegates will receive reimbursements by bank transfer after their coming back and upon sending of return travel documents and international bank details. No exception to this rule will be done. (Please do only online check in if possible).

!!!Please note that participant's travel costs should not exceed the travel budget limits which are approved by the Spanish National Agency of the Erasmus+ Programme and the travel route and dates should also be in accordance to it. If you have problems to stay within the indicated travel limits please contact the organizers. Please note that the organizers will not reimburse you fully 100% if your travel costs are above the approved budget.

!!!Reimbursement will be done in EUR, regardless of the currency indicated on the ticket and receipt/ invoice. Any tickets purchased in a local currency other than EUR, will then be converted and calculated according to the exchange rate.
Commission web-site at: <http://ec.europa.eu/budget/inforeuro>

Participants that arrive and depart before 25 July or stay after 31 July have to be approved by Leitmotiv - Area (so, don't buy any ticket before our approval).



All the roads to Alcaraz

Please before buying the ticket ask confirmation to erasmus@youngeffect.org

If you arrive at Madrid Airport (Barajas) :



MADRID - ATOCHA CERCANIAS TO ALBACETE-LOS LLANOS

You have two options in order to arrive in Albacete. The first one is by Bus:

Departure Madrid - Barajas Airport T4 08:45	Total price for all passengers		
Arrival Albacete 12:55	19.29 €		
Travel time 04:10 h	Transfers None	Stops 5	ITINERARY

The Madrid Barajas Airport T4 and Albacete are connected thanks to the service offered by ALSA, leading company in the sector. A very direct trip from the airport to Albacete.

If you start the trip in Barajas, the departure of the bus is located in the Terminal 4: in case you will arrive in another terminal (1,2,3) you can take a free shuttle bus (green) to reach the T4.(<https://www.alsa.com/en/web/bus/home>). The journey will take around 4H. Others departure times: 11.45 ; 13.45 ; 16.45 ; 22.45 ; 23.45.





The second option is by Train:

The train station is “Madrid atocha cercanias” that you can departure from. You have many connections to reach that station from the airport, more or less every 30 min and it will take around 31 minutes. You can observe the timetable below or search it on: <https://venta.renfe.com/vol/home.do?back=true>

Departure ↑	Arrival	Duration	Servicio	Price From	Class	Fare	Options
07.50	10.08	2 h. 18 min.	ALTARIA	24.50 €	Turista	Promo	+
09.29	12.27	2 h. 58 min.	MD	23.60 €	Turista con enlace	Flexible	+
12.51	15.00	2 h. 9 min.	ALTARIA	35.00 €	Turista	Flexible	+
14.32	17.15	2 h. 43 min.	MD	31.20 €	Turista	Adulto ida	+
17.48	20.12	2 h. 24 min.	INTERCITY	21.85 €	Turista	Promo	+
18.32	21.06	2 h. 34 min.	MD	31.20 €	Turista	Adulto ida	+
18.53	21.15	2 h. 22 min.	ALTARIA	24.50 €	Turista	Promo	+

If you want to arrive in Hellin:


You have 4 buses from airport T4 and it will take around 5 hours.

 Type of service: Normal ⓘ	 Type of service: Normal ⓘ
Departure Madrid - Barajas Airport T4 08:45	Departure Madrid - Barajas Airport T4 16:45
Arrival Hellin 14:00	Arrival Hellin 21:30
 Type of service: Normal ⓘ	 Type of service: Normal ⓘ
Departure Madrid - Barajas Airport T4 11:45	Departure Madrid - Barajas Airport T4 22:45
Arrival Hellin 17:10	Arrival Hellin 03:35

If you arrive at Alicante airport:



You can take the Bus:

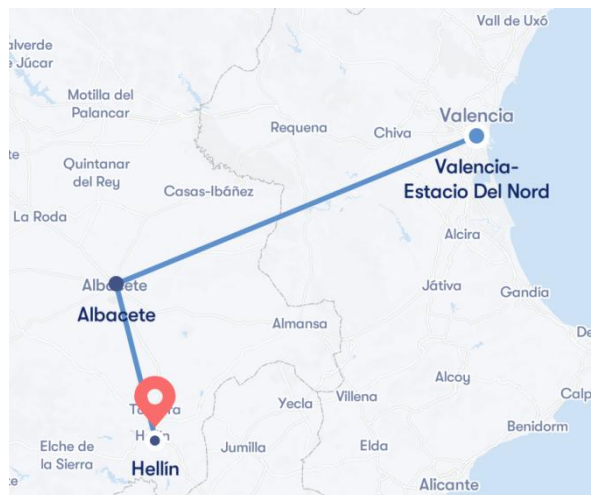
 Type of service: Normal - Normal ⓘ	<input checked="" type="checkbox"/> ALSA Bus guaranteed ⓘ	ON-BOARD SERVICES
Departure Alicante Airport 11:15	Total price for all passengers	
Arrival Hellin 15:05	12.20 €	
Travel time 03:50 h	Transfers 1	Stops 2
ITINERARY		

As you can see in the picture there is a bus that leaves directly from the airport and will arrive in Hellin at 15.05. During the journey you have to change bus in Murcia at 12.00 and take another bus (with the same ticket) at 14.00. Just in case would you reach Albacete instead of Hellin you can continue on the same route that will arrive in the city 1 hour later than Hellin, at 16.05 (with the same bus). You can check it here (<https://www.alsa.com/en/web/bus/home>).

If you arrive at Valencia airport:

How to get to Hellin?

There are some different options, one of them is to arrive to Hellin by bus. There are a few buses leaving everyday from Valencia bus station to Hellin bus station (the first one is at 11.15am, second one is at 15.00 and the last one is at 16:15).



You will have to use public transportation to get Valencia Bus station from airport.

MÁS BARATO , MÁS RÁPIDO

ALSA

10:30 — 3h00 — **13:30**
Valencia Estación De Autobús Hellin

0 Cambios ▾

2° MÁS BARATO , 2° MÁS RÁPIDO

ALSA + renfe

15:00 — 4h45 — **19:45**
Valencia Estación De Autobús Hellín

1 Cambio ▾

You will have subway that goes every 10 mins.

The second one is train from Valencia Nord Station to Hellin. There are several trains departing everyday from Valencia Nord Station to Hellin(The first one is at 06:20am,the second one is at 15:30 and the last one is at 17:30)

MÁS BARATO , MÁS RÁPIDO

renfe

17:30 — 4h28 — 21:58

Valencia-Estacio Del Nord — Hellín

1 Cambio ▾

MÁS BARATO , 2° MÁS RÁPIDO

renfe

14:45 — 5h00 — 19:45

Valencia-Estacio Del Nord — Hellín

1 Cambio ▾

2° MÁS BARATO

renfe

15:38 — 5h02 — 20:40

Valencia-Estacio Del Nord — Hellín

After, we will bring you
Please, note that due to
routes and schedules
any problem with the trip
the association and we

to Alcaraz.
the COVID situation,
may change. If you have
to get to Hellín, contact
will help you solve it.

What to bring

- Proof of all the travel expenses:

Tickets (there must be price and name of the person stated on it).

Bank details (Account number, Iban, swift, bank name)

Boarding passes (DON'T LOSE THEM, DO ONLINE CHECK-IN)

- Information about your organization (if you have materials you want to share, present, introduce)
- Please prepare a small oral presentation of your organization (Max 5 minutes).
- Get informed about “Promotional videos for ong in your country”.

IMPORTANT!!

The reimbursement will be only made once the participant send everything and complete an online survey that will be made available to the participant.

The participant will have to keep proof of payment of trips and tickets.

The participants who have/can should bring, cameras, tripods, microphones, but above all laptops to be able to edit.

Bring a swimsuit, sun cream and a bath towel because there is a swimming pool next to the hostel.

Contacts for further information

Javi Quilez is the facilitator and participants public relations.
javi@asociacionpromesas.com

Lucia Martinez is responsible for the coordination of the project and local public relations. leitmotivmovement@gmail.com / phone: 0034-645511410

We are waiting for you here...

<https://www.escapadarural.com/que-hacer/alcaraz>

<https://turismoalcaraz.com/sierra-de-alcaraz/>

https://www.youtube.com/watch?v=QKBSO_K2kcA