

BLENDED TRAINING COURSE

ABCDEFGH

After and Before. Create Digital Equality
For Great Habitat



Info Pack #1 - for partners

DEAR PARTNERS,

We are happy to be together in these turbulent times and hope that our common project will fill us with positive emotions, stimulate our motivation and make us more flexible and adaptable to unpredictable realities. We count on you, on timely and active communication, to keep us on the same page and offer the best learning experience for our participants.

For them, we have prepared a real adventure in the mountains. We will lead them not just on trails, but on a journey to find themselves, their meaning, their life force. And most of all - to learn to tell stories with messages, powerful enough to change the world around them!

Deiana Dragoeva, Board Director of VIA CIVIC Association



Details

3 ONLINE Sessions

MAY - JUNE 2022

Residential

1-9 JULY 2022

7 program & 2 travel days

Dobrinishte - Bulgaria

2 ONLINE Sessions
follow up

AUGUST - SEPTEMBER 2022

Coordinator

VIA CIVIC ASSOCIATION

[More about us](#)

The idea of the project

The project's symbolic name carries the idea of a new beginning and rethinking of youth work, in the context of the forthcoming post pandemic environment (after) and before (before) - our work as youth organizations of a new kind, adapted to the new realities. Unfortunately, the war is also in the picture.

This led to our aims to find a complex solution, aiding the overcoming of professional burnout, demotivation; encouraging personal reflection and looking for internal, base foundations, values and meanings to be articulated in an impactful way with the power of storytelling.



Personal development

INNOVATIVE METHODOLOGY

The methodology includes a **rich complex of innovative tools, such as experiential learning, coaching, art therapy, theatrical approaches and (digital) storytelling**, in search of effective methods to develop the capacity of civil organizations and motivating youth workers for sustainability in the profession. The project is designed to help personal and professional development of the participants and, at the same time, to train them how to implement the complex methodology with regard to different youth groups they work with. The methodology could be adapted and used for reaching different goals - social inclusion, career orientation, etc. because it is based on deeply personal and individual character levels and values.

Aim

Increasing the quality of the youth work and the motivation of the youth workers

Partners

BULGARIA, BELGIUM,
CYPRUS, GREECE, SPAIN,
PORTUGAL, ROMANIA,
POLAND, HUNGARY

To promote the TC
[READ MORE HERE](#)





Selection criteria

- 1.Youth workers (preferably from the partner organizations' teams) with some experience in the youth sector
- 2.Motivated interest in the topic, especially in personal development and storytelling
- 3.English language (at least B2 level), free usage
- 4.Rediness to take part in all planned activities - online and offline
- 5.Good physical and mental form and readiness for activities in the mountain (some basic mountain equipment will be needed as well!!!)
- 6.No age limit
- 7.No administrative fee
- 8.One of the participants from each partner country has to be from groups with fewer opportunities (facing economical, geographical, social, health or other restraints) - the partners will receive some support to prepare those participants for active inclusion!



Selection deadline: 15 April 2022

The partners select the candidates according to the profile and criteria. The candidates **approved by each partner** fill out an [APPLICATION FORM](https://forms.gle/TKa5HB68hgqipwtg9) <https://forms.gle/TKa5HB68hgqipwtg9>

Participants profile

3 PARTICIPANTS PER COUNTRY

27 youth workers, leaders, facilitators, mentors, trainers, communicators, etc., active youths, engaged in the organization's work, whose purpose is to devote themselves to youth work, and develop the necessary competencies for it!

See our
[PREVIOUS TRAININGS](#)





100% OF ACCOMMODATION
AND FOOD COSTS ARE
COVERED BY THE ERASMUS+
GRANT.

ALL COSTS DURING EXTRA
DAYS (MAX. 2 DAYS BESIDES
THE PROJECT DATES) ARE
COVERED BY PARTICIPANTS
THEMSELVES!



Accommodation

Dobrinishte is located around 160 km south of the capital Sofia, near the famous tourist town of Bansko. At the foot of the beautiful Pirin mountains, with a view of Rila and the Rhodopes. Around 3000 people live in the town. In the summer it's very lively, filled with tourists, songs, dance and fun, thanks to the annual folklore festival. The town has an abundance of mineral water and a SPA opportunity.

We have chosen a family hotel complex, away from the centre of the town. "Valentino-2" will be reserved entirely for the project. No outside people will be allowed.

The hotel has courtyards, which will be used for most of our activities - training, as well as eating, informal communication, etc. There is WiFi and the hotel will provide towels.

The accommodation set up is 2-3 people per room.



Travelling

- A comfortable but economic travel option is preferred
- COVID-19 insurance for cancelation (we will cover the travel costs only to participants that take part in the TC)
- Before purchasing the tickets, we have to approve the itinerary
- The arrival day is **July 1, 2022** and all the participants **have to be in Sofia, the capital city, till 16:00 (4 PM)**
- We will organise a bus from Sofia to the venue and back for which we will **deduct 40 EUR from the travel budget**
- The departure from the venue is on **July 9, 2022** and we recommend the participants choose a travel option **NOT EARLY IN THE MORNING** (after 12 lunchtime is ok).



Reimbursement

All the participants will receive the reimbursement of the travel cost after the training course via bank transfer, when they:

- fill up the standart online questionnaire after the TC
- send all necessary travel documents (first scanned by email and then sent by post)
- complete the follow up activities
- took part to all planned activities

Green/Standart Travel **limit by country per participant**

BULGARIA - 23 EUR
 BELGIUM - 320/275 EUR
 CYPRUS - 320/275 EUR
 GREECE - 210/180 EUR
 SPAIN - 410/360 EUR
 PORTUGAL - 410 EUR
 ROMANIA - 320/275 EUR
 POLAND - 320/275 EUR
 HUNGARY - 320/275 EUR

- Green Travel (**bus, train, ship, shared trip and etc.**)
- Green travel allows to 4 additional days **for travelling**

The coordinator will consider each travel plan and its category.

Buying the tickets is after the confirmation by the coordinator



COVID-19 measures

- All partners follow and inform each other about the development of the pandemic, as well as the measures, implemented in different countries. We will act as is most adequate, to ensure a quality implementation of the TC and the safety of the participants.
- At present, participants who have a green certificate for vaccination will be preferred.
- Tickets are purchased by the participants only after confirmation from the coordinator but no earlier than April 15.
- We can not cover any costs regarding COVID tests.
- The personal health insurance of each participant is mandatory. A group insurance will also be made.



Person in charge: Deiana Dragoeva
Coordinator: Plamena Petrova
e-mail: viacivicbg@gmail.com

www.viacivic.org

FB page: <https://www.facebook.com/ViaCivicBG/>

FB group: <https://www.facebook.com/groups/viacivic/>

Partners' ZOOM meeting

At the end of March, we are planning an online partnership meeting to clarify the details and follow the selection procedure.

Save the date
March 31, 2022

13:00 (1PM) CET time (please note the possible time difference)

